



INTERNATIONAL INTENDED PARENT

# Information Guide

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NO: EH102E

FORM: International Information Guide English

v: 0008



Donor assistance gives couples and individuals the highest chance of becoming a parent over all other infertility treatment. Egg Helpers is excited about helping in such a vital way.

Prospective parents interested in building a family through surrogacy or egg donation are encouraged to work with an agency to ensure a safe, legal, and organized arrangement.

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# Who We Are

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EST. 2007

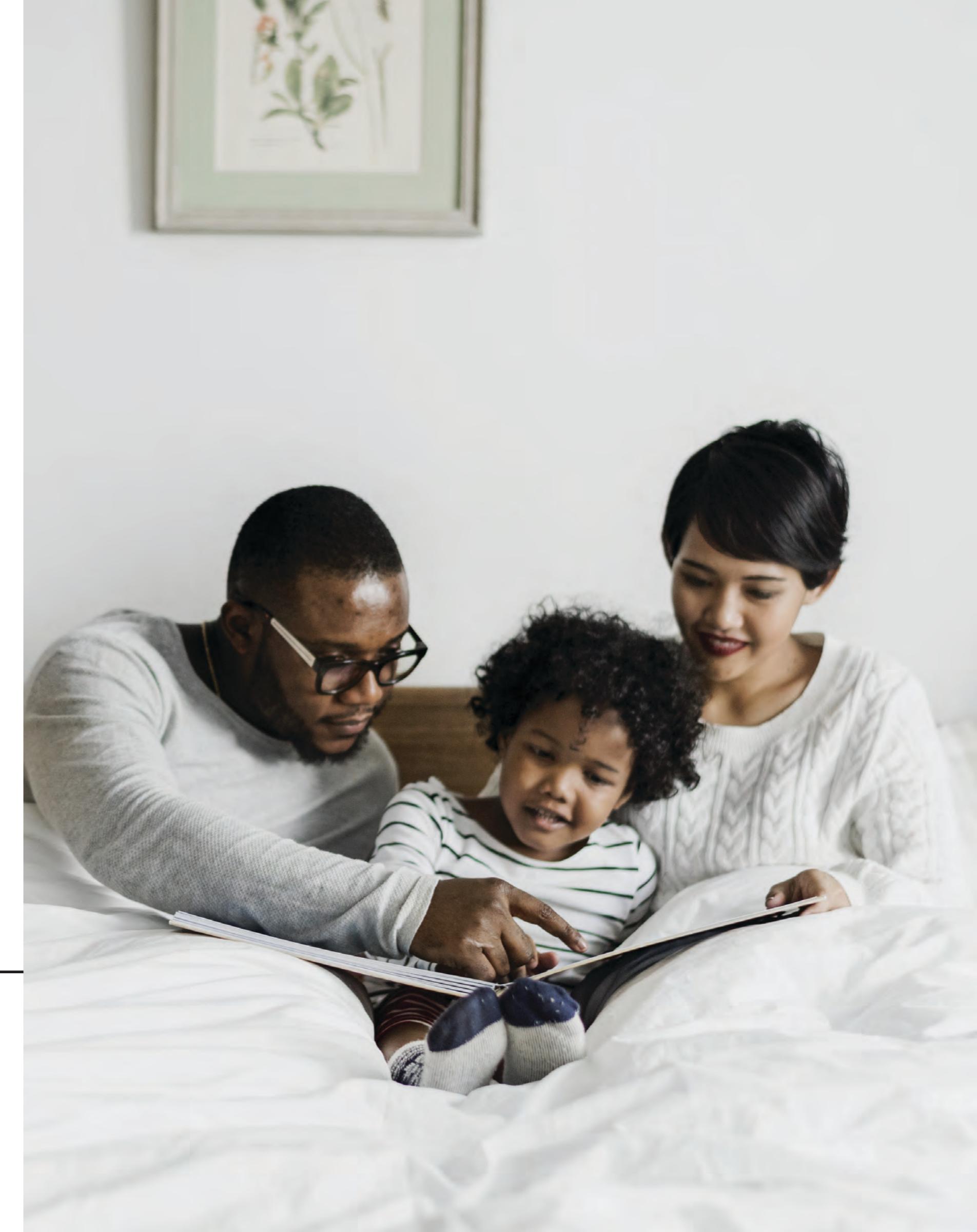
Egg Helpers is Canada's leading egg donation agency. We work with people around the world to help fulfill their dream of creating or expanding their family.

We expertly guide both egg donors and future parents through the egg donation process. We recognize that choosing the right donor is one of the important decisions you will make, and we are committed to supporting you throughout the entire process.

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## DID YOU KNOW

Canada provides one of the most favourable legal climates for surrogacy and egg donation arrangements.





# Your Expert Team

Our global expertise sets us above the rest and we have the ability to work closely with clients anywhere in the world.

When clients first experience infertility or challenges creating a family, they are also faced with equally difficult decisions, overwhelming choices and lengthy, expensive procedures. Egg Helpers partners with clients to build a custom plan and team of experts to address their

unique requirements, and care for them considerately throughout the process from start to finish.

We also utilize knowledge from legal professionals to make certain each plan is carried out respecting the current legal framework both domestically and abroad. Egg Helpers is here to make your journey to parenthood as seamless, efficient, and stress-free as possible.

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## FERTILITY LAWYERS

We can offer you a free consultation with one of the lawyers in our network. This will be an opportunity to ask questions and learn more about Canada's family-building laws.

## FERTILITY CLINICS

If you have not yet selected a fertility clinic, we can refer you to a top clinic based on the criteria you provide and donor you select. If you already have a fertility clinic, we can work with them directly as part of your team.

## SURROGACY AGENCY

Should you require a gestational carrier to create or expand your family, our sister company Canadian Fertility Consulting is Canada's largest surrogacy agency.



# Finding the Right Egg Donor

We understand how important this decision is and our team at Egg Helpers is committed to supporting you throughout the decision-making and donation process.

Our egg donors are creative, bright, giving, well-educated, and motivated by a desire to help someone become a parent. We seek healthy candidates whose families do not have genetic problems that could be passed on to a child, and eliminate those who have medical and social histories that make them unacceptable to be egg donors.

Egg donor candidates receive complete information about the egg retrieval process and any complications that could occur. Each candidate meets with a psychologist who provides a report about their mental suitability for being a egg donor.

Our donor screening process is just one of the ways our program at Egg Helpers can give you the greatest chance of success in starting or expanding your family.

[WATCH OUR WEBINAR ON SELECTING AN EGG DONOR](#)





# Egg Donor Qualifications

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- Between the ages of 19 and 32 years old.
- Tobacco-free and no history of drug or alcohol abuse.
- Physically healthy, with regular monthly menstrual cycles and a healthy BMI.
- No family history of bipolar, schizophrenia, or other inheritable genetic diseases.
- Willing to undergo a medical and psychological evaluation.
- Willing to self-administer injectable fertility medications.
- Dependable and committed to the egg donation process.

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# Anonymous vs Known Egg Donations

## ANONYMOUS CYCLE DONATION

In an anonymous donation, the recipients and egg donor's identities will remain confidential and no identifying information will be exchanged. You will never meet or know each other's names. Only relevant information will be provided about the donor, including medical and genetic history, description of their physical characteristics, photographs of the donor, and photographs of their children (if applicable).

The information shared with your donor will be the clinic location, your marital status (single or partnered), and if you will be requiring a surrogate to carry the pregnancy.

After speaking with a social worker or psychologist at the fertility clinic, most intended parents and egg donors are most comfortable and choose to move forward with an anonymous donation.

## KNOWN CYCLE DONATION

In a known donation, all parties have agreed to disclose information about each other such as last names, locations, occupations, etc. The recipient parents and the egg donor may choose to meet either virtually or in-person before the egg retrieval takes place. Everyone is mutually interested in maintaining contact, potentially throughout the life of the children born as a result of the donation.

In a known donation, it is important that all parties have discussed their long-term expectations of the relationship and what the donor's future relationship will be with the children.

There are many issues to consider when choosing a known donation, but it can be a wonderfully positive experience for the recipient parents, the egg donor, and any future children that may result.



# Services & Fees

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Egg Helpers is dedicated to providing our clients with a fixed price guarantee, based on four key principles: Honesty, communication, transparency and service excellence.

Honesty is the guiding principle in everything we do and is the foundation upon which Egg Helpers was built. We provide our clients with a complete breakdown of all costs prior to finalizing any contract, this includes all third party costs. Unlike many of our competitors, we guarantee our fixed price and you will never be surprised with extra costs or expenses. We provide our clients with a single point of contact, this ensures that all communication is clear and that the process is stress-free for all involved.

With Egg Helpers you can relax—the price we quote is the price you are charged, guaranteed! The last thing you need to worry about is extra costs and expenses that seem to never end.





# Estimated Costs

SERVICES	ANONYMOUS	KNOWN
<b>Agency fee</b> <i>plus tax</i>	\$4,950.00	\$4,950.00
<b>Egg donor expenses*</b> <i>approximate out-of-pocket expenses</i>	+\$8,000.00	+\$8,000.00
<b>Legal fees for intended parents</b> <i>includes HST and disbursements</i>	\$1,250.00	\$1,250.00
<b>Legal fees for egg donor</b> <i>includes HST and disbursements</i>	\$1,250.00	\$1,250.00
<b>Comprehensive psychosocial assessment</b> <i>ongoing counselling</i>	\$600.00	\$600.00
<b>Total</b>	<b>\$16,050.00</b>	<b>\$16,050.00</b>

Additional costs if the donor is not local to the clinic:

<b>*Egg donor travel medical insurance</b> <i>only required if your donor must travel outside of Canada for the retrieval</i>	Approximately \$350
<b>*Includes flights/hotel/meals for longer stay during week of retrieval</b> <i>only required if your donor is more than a 4-hour roundtrip drive from the clinic</i>	Contact us directly to discuss additional costs
<b>*Screening and satellite monitoring at local clinic</b> <i>not mandatory, but will be dependent on the protocol used by your clinic</i>	Contact us directly to discuss additional costs



# Frequently Asked Questions

## Q: How are egg donors selected?

Egg Helpers eliminates anyone with medical and social histories that make them unacceptable. We seek healthy candidates whose families do not have genetic problems that could be passed on to a child.

## Q: What motivates someone to donate their eggs?

Our egg donors have expressed that they donate because they are motivated by a desire to help someone in their quest for parenthood.

## Q: How do I find an egg donor that has my traits?

Because ethnicity, body type and lifestyle play an important part in the donor selection process, Egg Helpers can find egg donors from various backgrounds who are willing to help future parents.

## Q: What type of information do future parents receive?

Donors are required to provide personal and family history by completing our questionnaire. This information, along with photographs of the donor, is provided to the future parents in making a donor selection.

## Q: What does the egg donation process consist of?

Egg donors receive complete information about the egg retrieval process and any risks or complication that could occur. Each selected egg donor meets with a psychologist who provides a written report about her mental suitability for being a egg donor.

## Q: How does a donor know what their responsibilities are?

When you select your egg donor, a contract is written and signed by the egg donor and the future parents that delineates the egg donor's responsibilities and clearly states that the future parents receive all the eggs produced by the egg donor in the specified treatment cycle.

## Q: How does an egg donor receive reimbursements?

Egg Helpers acts for the future parents in establishing an account from which payments are made for legal services for the donor in executing the donor contract. We are available for support, supervision and communication throughout this process and assist the egg donor in necessary ways to fulfill all her responsibilities.



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